




Finley, Pine and Middle Schools Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
5 Labor Day No classes 	6 Chicken Strips Mashed Potatoes and Seasoned Carrots Strawberries Frozen	7 Pancho Villa Salad Salsa Sweet Corn Sliced Cantaloupe	8 Chicken Oven Fried Green Salad Fresh Nectarines	9 Smart Slice Domino's Pizza Chili Cucumbers Orange Smiles
12 Chicken Drumstick Mashed Potato Corn Bread Mango Strawberry Sidekicks	13 Crunchy Tacos Lettuce and Cheese Salsa/Salad Orange Smiles	14 Bean and Cheese Burrito Baked Doritos Salsa/ Carrotinies Watermelon	15 Chicken Burger Lettuce and Tomatoes Baked Beans Grapes/Corn/Green Salad	16 Smart Slice WG Domino's Pizza Chili Cucumbers/Carrotinies Diced Peaches
19 Chicken Tamales Refried Beans and Salsa Sweet Corn Mixed Berries	20 Chicken Alfredo Garlic Bread /Green Beans Green Salad Watermelon	21 Cheeseburger French Fries Apples with peanut Butter	22 Orange chicken Steamed Rice Broccoli with Ranch Grapes	23 Smart Slice WG Domino's Pizza Chili Cucumbers Orange Smiles
26 Nachos Supreme Green Salad/Corn Diced Peaches	27 Italian Sub-Sandwich Baked Doritos Carrotinies/Salad Orange Smiles	28 Corn Dogs Corn in the Cob Watermelon	29 Carne Asada Tacos Guacamole and Salsa Mango Strawberry Sidekicks	30 Smart Slice WG Domino's Pizza Chili Cucumbers Orange Smiles
"This institution is an equal opportunity provider"				Variety of Fruits and Veggies and milk are offered daily

Menu subject to change due to product availability

**Harvest
 of the
 Month™**
 The Harvest of the Month featured fruit is

Kiwis



Just the Facts n Kiwis are one of the most nutrient-dense of all fruits.* n Kiwis grow on vines that can be as high as 30 feet. n Kiwis are actually a berry. n The skin of a kiwi is edible. Try eating it whole like an apple! n Kiwis contain an enzyme that acts as a natural meat tenderizer

<http://harvestofthemonth.cdph.ca.gov>

the
School Day
 just got
Healthier
 United States Department of Agriculture

LSWP is available at: www.holtville.k12.ca

Recommended Links

My foods. My fitness. My health.

SuperTracker:

<https://supertracker.usda.gov/>

www.cachampionsforchange.net

For more Healthy Ideas, visit:

<http://harvestofthemonth.cdph.ca.gov>

