

Finley and Pine and Middle School March Breakfast Menu



DIG IN TO SCHOOL BREAKFAST

National School Breakfast Week
MARCH 6-10, 2023



Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1 Breakfast Egg and Cheese Sandwich Fruit Juice/Fruit Cups</p>	<p>2 Peanut Butter and Jelly Sandwich Fruit Juice/Sunshine Bananas</p>	<p>3 No School</p>
<p>6 Choice of Cereal/Graham Crackers and Sunshine Bananas</p>	<p>7 French Toast Sticks Fruit Juice/Apple Sauce</p>	<p>8 Breakfast Burrito Fruit Juice/ Fruit Cups</p>	<p>9 Breakfast Banana Muffins/Yogurt Apple Smiles</p>	<p>10 Choice of Cereal Graham Crackers Fruit Juice/ Raisins</p>
<p>13 Choice of Cereal/Graham Crackers and Sunshine Bananas</p>	<p>14 Egg and Cheese Croissant Fruit Juice/Apple Sauce</p>	<p>15 Pancakes and egg Fruit Juice/ Fruit Cups</p>	<p>16 French Toast and Egg Apple Smiles</p>	<p>18 Choice of Cereal Graham Crackers Fruit Juice/ Raisins</p>
<p>20 Choice of Cereal/Graham Crackers and Sunshine Bananas</p>	<p>22 Yogurt and Granola Fruit Juice/Fresh Apples</p>	<p>23 Cheese Quesadillas Fruit Juice/ Fruit Cups</p>	<p>24 Peanut Butter and Jelly Sandwich Fruit Juice/Sunshine Bananas</p>	<p>25 Choice of Cereal Graham Crackers Fruit Juice/ Raisins</p>
<p>27 Choice of Cereal/Graham Crackers and Sunshine Bananas</p>	<p>29 French Toast Sticks Apple Sauce</p>	<p>30 Breakfast Burrito Cheese Fruit Juice/ Fruit Cups</p>	<p>31 Breakfast Banana Muffins/Yogurt Apple Smiles</p>	<p>All of our Breakfast Items Are WG Rich "This Institution is an equal opportunity provider"</p>

Health and Learning Success Go Hand-in-Hand

WHY EAT SCHOOL BREAKFAST?



Increased Productivity

School breakfast is linked to better attendance rates, improved behavior, decreased tardiness and better memory and comprehension.



Better Health

School breakfast can help protect against obesity and other negative health outcomes. It can also stop hunger-related stomach aches and headaches.



Easier Mornings

Eating free school breakfast helps save money and gives families one less thing to worry about in the morning.



